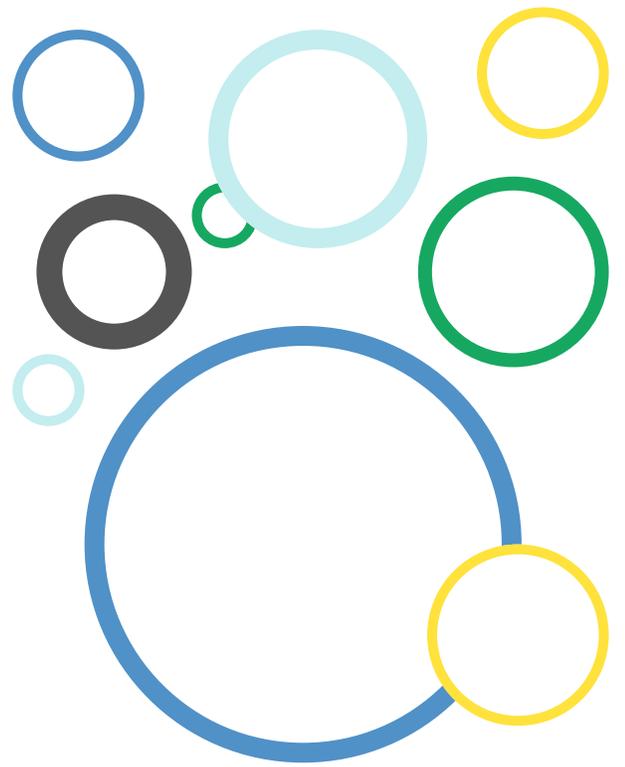


**21** CC  
KIDS  
EDITION

**DAYS  
OF  
PRAYER+  
FASTING**



# Parenting is a holy calling.

Over the next **21 days**, you as a **parent**, have the opportunity to **spiritually disciple** your **children in prayer and fasting**. **Don't miss it!** I know how hard it can be to have slow, unhurried, intentional moments with your children. Family life can move at the speed of light, whereas quality time can seem fleeting. Sports, playdates, travel, attitudes, and careers fill more hours than are given.

With life as it is, often there is very little time left to be still and hear God's voice. **We lose connection with the God of creation, and the source of our hope, peace and strength.** We simply cannot thrive without pressing pause, leaning in and engaging in a relationship with Him. I promise you, He *WILL* answer *AND* transform your lives!

**2 Chronicles 7:14 ESV** says, *"if my people who are called by my name humble themselves, and pray and seek my face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land."*

So, as you embark on this journey with your children, I implore you to slow the busyness of life and lean into the holy work of prayer and fasting. I know we, as parents, want nothing more than for our children to be spiritually strong and resilient. **Our desire for them is to recognize and utilize these spiritual tools that will carry them for life!**

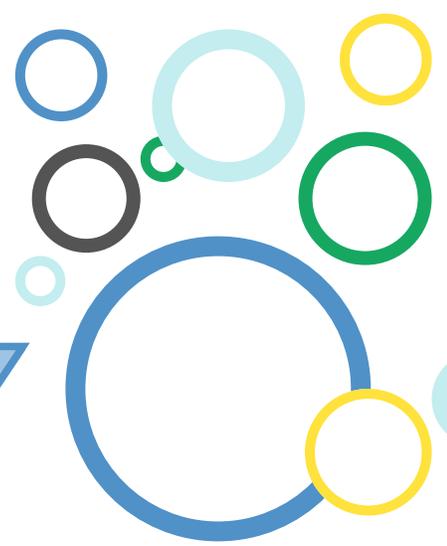
**Before your family begins**, take the opportunity to have an open conversation with your children about what they'd like to *fast* or *set aside* over the next three weeks. Candy, sugary beverages, screen time, social media and game time are all great alternatives in lieu of food as we don't recommend children abstaining from meals. I've included journal pages at the end of this packet to help document and reflect on what they're *praying for* and *fasting from* during this time for older children, and a sticker chart to track progress for the littles. **My prayer for your family is that you are transformed and marked by the power and presence of God through prayer and fasting.** I cannot wait to see what God will do in our church and families over the next 21 days! **It is truly a joy and pleasure to partner with your family as you lead your children in their relationship with Christ.**

Blessings,



**Jordan King**  
Children's Ministry Director

# JANUARY



SUN

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	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
	<p><b>DON'T WORRY, BE HAPPY</b></p> <p><b>Phil. 4:4-9</b> <i>Pray, then leave it to Jesus</i></p>	<p><b>TRANSFORMERS</b></p> <p><b>Romans 12:1-2</b> <i>Pray to live your life as God desires</i></p>	<p><b>MY HEART</b></p> <p><b>Col. 3:1</b> <i>Pray for a Christ-like heart</i></p>	<p><b>UNSTOPPABLE</b></p> <p><b>Matt. 19:26</b> <i>Pray for the impossible in your life</i></p>	<p><b>WISE FRIENDS</b></p> <p><b>Pro. 18:24</b> <i>Pray for wise, Godly friendships</i></p>	<p><b>LIKE A GOOD NEIGHBOR</b></p> <p><b>Matt. 22:36-40</b> <i>Pray for your neighbors</i></p>
<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
<p><b>MAMA &amp; DADDY</b></p> <p><b>Eph. 6:1-2</b> <i>Pray for your parents/trusted guardians</i></p>	<p><b>THE CHURCH</b></p> <p><b>Eph. 6:18</b> <i>Pray for all the saints of God</i></p>	<p><b>FRUITY</b></p> <p><b>Gal. 5:22-23</b> <i>Pray for being fruitful in His Spirit</i></p>	<p><b>TOGETHER</b></p> <p><b>Deut. 31:6</b> <i>Pray for strength and courage</i></p>	<p><b>PEACE BE STILL</b></p> <p><b>John 16:33</b> <i>Pray for peace in all situations</i></p>	<p><b>A LITTLE GOES A LONG WAY</b></p> <p><b>Matt. 17:20</b> <i>Pray for your faith</i></p>	<p><b>SUPPLY CHEST</b></p> <p><b>Phil. 4:19</b> <i>Pray for whatever you might need Jesus to supply</i></p>
<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
<p><b>BE SALTY</b></p> <p><b>Matt. 5:13</b> <i>Pray to show others Christ</i></p>	<p><b>TONGUE TIED</b></p> <p><b>Pro. 12:18</b> <i>Pray to use your words for good</i></p>	<p><b>KNOCK, KNOCK</b></p> <p><b>Matt. 7:7-12</b> <i>Pray to listen to Jesus' invitation</i></p>	<p><b>TICK, TOCK</b></p> <p><b>Isaiah 40:31</b> <i>Pray to seek God in the waiting</i></p>	<p><b>1. 2. 3.</b></p> <p><b>Matt. 6:31-33</b> <i>Pray to choose God first, then . . .</i></p>	<p><b>GO TO WORK</b></p> <p><b>Eph. 2:10</b> <i>Pray to see your unique qualities</i></p>	<p><b>THE GOOD SHEPHERD</b></p> <p><b>Psalms 23</b> <i>Pray for gratitude for ALL that God does</i></p>
<b>25</b>						
<p><b>BE THIRSTY</b></p> <p><b>Ps. 63:1-2</b> <i>Pray for a Godly thirst</i></p>						

# 21 DAYS

# STICKER CHART

PRAYER + FASTING | CC KIDS  
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# JANUARY

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# 21 DAYS

PRAYER + FASTING  
CC KIDS  
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**What did you fast from today?**

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**How did you see God move in your life today?**

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PRAYER + FASTING  
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