



In the Valley

"We can enjoy God on the mountaintops, but we get to know God personally in the valleys."

Psalm 84:5-8

When I'm in the valley I must...

1. **...FIND STRENGTH IN JESUS** – (Psalm 84:5)

Blessed are those whose strength is in You...

2. **...DIG FOR THE HIDDEN BLESSING** – (Psalm 84:6)

*As they pass through the **Valley of Baka** (aka "Valley of Tears"), they **make it a place of springs**; the autumn rains also cover it with pools.*

3. **...REMEMBER I'M NOT ALONE** – (Psalm 84:7-8)

*They go from strength to strength, **till each appears before God in Zion. Hear my prayer, Lord God Almighty**; listen to me, God of Jacob.*

Psalm 139:7-10 *Where can I go from Your Spirit? Where can I flee from Your presence? If I go up to the heavens, You are there; if I make my bed in the depths, You are there. If I rise on the wings of the dawn, if I settle on the far side of the sea, even there Your hand will guide me, Your right hand will hold me fast.*

Q: How has God met you in the valley?